

2016 Conference Recording

"T3 - Balancing Risk and Recovery: Therapeutic Recreation in Forensic Psychiatry"

Objectives:

1. Define the double stigma inherent to forensic psychiatry patients (advocacy)
2. Explain at least 2 techniques that the recreation therapist utilizes to balance risk and recovery within the Forensic Psychiatry Program.
3. List at least 3 considerations for providing care in a forensic psychiatry framework

Presenter:

Karen McCartney, R/TRO, St. Joseph's Healthcare Hamilton

Jodie Alderson, R/TRO St. Joseph's Healthcare Hamilton

Session Description:

Students and practitioners are often curious about forensic psychiatry. Misconceptions and misinformation exist about this population. Patients experience a double stigma of having a mental disorder and having entered the justice system. The purpose of this session is to provide an introduction to providing therapeutic recreation services within a forensic psychiatry framework of mental health care. This session will explain the intersection of mental health care and the law, and the impacts this has on planning and providing therapeutic recreation programs and interventions. The presenters will provide examples of assessment, documentation, program planning, implementation, and evaluation methods. Special considerations for this population will be reviewed, with the opportunity for the audience to ask questions.

PCCs:

- Pre-approved for 1.5 professional contribution points
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CEUs

NCTRC pre-approved for Job Analysis Areas:

- Foundational Knowledge
- Advancement of the Profession

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